



RHODE ISLAND

PROGRAMS



Trauma Informed Social & Emotional Learning
Teaches youth and children the language of emotions, the tools to heal, nurture healthier relationships, and foster **EMPATHY & resilience**.



Parent Engagement Series
These workshops invite parents to explore their own experiences with trauma — and use that self-awareness as a foundation for regulating their own emotions and, ultimately, their children's.

Originally developed in Madagascar and now expanding in Rhode Island, Omena combines emotional literacy, relational skills, and community-based prevention to strengthen wellbeing across homes, classrooms, and communities.

KEY STATISTICS

1 IN 7

TEENS REPORT DATING VIOLENCE

11.5

CHILD MISTREATMENT CASES PER 1,000 CHILDREN

29%

OF INDICATED INVESTIGATIONS INVOLVE EMOTIONAL ABUSE

WHO WE SERVE

IMPACT SNAPSHOT

425+

COMMUNITY EDUCATORS TRAINED

20k+

INDIVIDUALS REACHED

2M+

REACHED VIA CAMPAIGN AWARENESS

Audience	Core Focus
Community Organizations	Youth and Family engagement & prevention
Employers & Companies	Employee wellbeing & retention
Public Schools	Prevention & school climate
Private Schools	Student wellbeing & leadership



PROGRAM AREAS

CAREGIVERS THROUGH COMMUNITY ORGANIZATIONS

Omena partners with nonprofits, schools, and community organizations to provide caregiver workshops focused on:

- recognizing emotional harm early
- emotional regulation
- stress navigation
- communication during conflict

Outcomes

Participants report:

- stronger emotional awareness
- increased confidence supporting children emotionally
- improved family communication
- reduced conflict escalation

Programs are typically grant-funded or sponsor-supported to remain free or low-cost for families.

CAREGIVERS THROUGH EMPLOYERS

Stress at home impacts workplace wellbeing, communication, focus, and retention.

Omena helps employees build healthier emotional and relational skills through:

- emotional health workshops
- stress regulation tools
- conflict navigation strategies
- caregiver support programming

Benefits to Employers

- stronger psychological safety
- increased employee wellbeing
- reduced burnout
- improved workplace culture

Offerings range from introductory workshops to immersive trainings and ongoing implementation series.

PUBLIC SCHOOLS

Schools are being asked to improve attendance, behavior, mental health, and school climate, yet caregivers are often left out of the process.

Omena strengthens alignment between school, home, and community through:

- caregiver workshops
- youth emotional literacy sessions
- staff alignment support
- ongoing community-based implementation

Outcomes

Schools may see:

- increased emotional awareness
- improved communication at home
- stronger caregiver engagement
- healthier classroom climate

PRIVATE SCHOOLS

Omena supports independent schools seeking stronger emotional wellbeing and leadership development for students and families.

Programs focus on:

- emotional literacy
- communication skills
- conflict navigation
- emotionally healthy relationships

Value to Schools

- student wellbeing
- parent satisfaction
- leadership development
- emotionally healthy school culture