

OUR SCALABLE 12-MONTH MODEL



EMOTIONAL ABUSE PREVENTION TRAINING

Gives participants an understanding of Omena's organizational model and mission, the warning signs of emotional abuse, the psychological outcomes associated with abuse, and how to effectively be a Peer Facilitator in the schools or in their communities (at home, school, or work)



OMENA COMMUNITY OF PRACTICE

We are creating a "Safe Space" for our community (at home, school, or work) to share and validate their experiences. We also help them exchange best practices and be supported in their own healing journey



School Social Emotional Learning (SEL) curriculum

Through books, videos, interactive conversations and workshops, we teach children and youth to recognize and identify emotions in themselves and others'. They are also taught how to build healthy relationships

**The Core
(3-Day training)**

**Once a month for
6 months**

**Once a month, for
10 months**

Community awareness

On-going



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