

Social & emotional learning empowers youth to establish healthy home relationships, educate their peers, & break cycles of emotional abuse in the community.

A community free from emotional abuse enables a generation of healthier, more educated, and more productive citizens.



PROGRAM LOGIC MODEL

PROBLEM: According to UNICEF, in 2019, 80% of children in Madagascar experienced emotional abuse. Instances of emotional abuse lead to youth being unable to establish healthy relationships in their families or among their peers, declines in mental health and cognitive function, lower self-esteem, and ultimately generational trauma.

RESOURCES

Trained Instructors

Access to Schools/ Classrooms

Curricula

Supporting Materials

Training Plan

Marketing Materials

Instructors

Additional Resources (Handouts, Workbooks, etc)

Facilities for workshops

ACTIVITIES

SEL CURRICULUM

Books, videos, conversations & workshops for children & youth, delivered in after-school programs

PEER EDUCATOR TRAINING

The core Omena program, Peer Educator Training gives participants an understanding of Omena's organizational model & mission, the warning signs of emotional abuse, the psychological outcomes associated with abuse, and how to effectively be a Peer facilitator to their Fellows. Peer Educators are the foundation for the SEL Curriculum & Communities of Practice.

Community Guidelines

Open Line of Communication, Ongoing Support for facilitators

Facilities

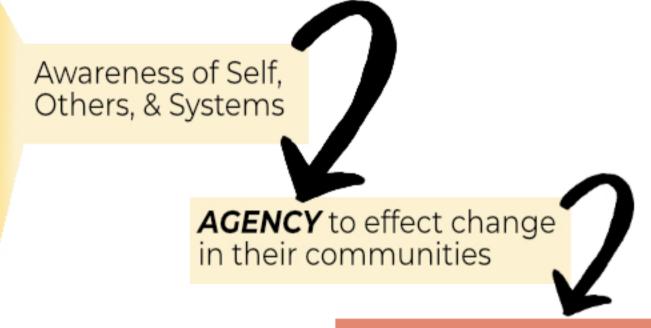
COMMUNITIES OF PRACTICE

A "Safe space" in the community for people to share their experiences & to support them in their own journey of healing.

OUTPUTS

- recognize & label emotions
- develop empathy
- recognize signs of healthy relationships & toxic behaviors
- articulate strategies for healthy relationship development
- recognize & heal from emotional trauma in their own past
- identify power dynamics in relationships & warning signs of emotional abuse
- understand how emotional trauma relates to cultural factors, systems of oppression, & colonialism
- · make decisions in a healthy way
- · stand up against emotional abuse
- initiate & facilitate difficult conversations with others
- set & maintain boundaries in their own relationships
- move beyond victim mindset
- practice empathy
- display vulnerability
- seek help from others
- test new strategies for healthy relationships & boundary setting
- evaluate strategies & offer support to others

OUTCOMES



IMPACT

Individuals are empowered to positively impact their country

RESILIENCY to overcome obstacles

Self-confidence & sense of self worth

